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# **Bicycling Salt Lake City : A Guide To The Best Mountain And Road Bike Rides In The Salt Lake City Area (Regional Mountain Biking Series)**



## **Synopsis**

This guide features more than forty of the Northern Wasatch Range's greatest mountain bike rides. Sample the best singletrack and off-road rides in Salt Lake City, Park City, Deer Valley, and the surrounding area.

## **Book Information**

Series: Regional Mountain Biking Series

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## **Customer Reviews**

Bicycling Salt Lake City features thirty-three of the finest cycling opportunities in the area, from mountain bike rides in the central Wasatch Range to road bike rides throughout the mountains and valley. Look inside to find: GPS-compatible 3-D shaded relief mapsDetailed information about each ride, including directions, distances, elevation gains, traffic conditions, and hazardsElevation profiles of each ride with terrain, trail surface, technical difficulty (mountain biking), and margin of comfort (road biking) --This text refers to an alternate Paperback edition.

John Sarbo is a long-time resident of Park City, Utah and founder of Beyond Limits, an active vacationing tour company, guiding clients around the world on high adventures in the outdoors.

I ride both the road and singletrack. Although Gregg Bromka has written several excellent trail guides for Utah mountain bikers, there has not been a well organized print guide to road rides in Salt Lake environs prior to this book. The road rides are well chosen and feature excellent descriptions and access instructions. The list does not include all classic local rides but hits most of

them with suggestions for add-ons and shortcuts if time is pressing. It is obvious that the author has ridden all of the rides in this book and made careful observations. Of course, these are ultimately suggested routes and I ride a little different route than described in the book for all of these rides but that is the fun of it. There are little things that frustrate me about the book, most annoying of which is the inclusion of ten mountain bike rides. While the author states that his intention is to provide a well-rounded guide to all cycling in the area, these rides are previously published in his other guides and I cannot help but think they are filler to make the book thick enough in the absence of more road rides to describe. This is unfortunate because there are certainly more road rides in the Park City and Midway/Heber areas as well as the city limits that could have nicely filled out the book and would have been valuable information for the roadies looking for something a little different from the usual SLC rides. In the end, I have used this book extensively and highly recommend it for the visiting or new roadie in SLC. Even roadie veterans may find some new routes and variations.

A great book giving ideas for several bicycle rides along the Wasatch front. We can't wait for a little warmer weather to go explore.

i will come next time . my father this it is the best , fast shipping. love it . Quality product, thick enough not to bend with a solid, comfortable grip. Couldn't ask for a better product for the price.

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